

If a number of children or staff become ill with the same symptoms, suspect food poisoning. CALL THE POISON CONTROL CENTER 1-800-222-1222 & ask for instructions. (See "Poisoning".) Notify public health officials (usually the health department).

Vomiting may have many causes including:

- Illness
- Injury
- Food poisoning
- Heat exhaustion
- Over exertion

If you know the cause of the vomiting, see the appropriate guideline.

Wear disposable gloves when exposed to blood and other body fluids.

Have child lie down on his/her side in a room which affords privacy.

- Apply a cool, damp cloth to child's face or forehead.
- Have a bucket available.

- Give no food or medications.
- Offer ice chips or small sips of clear fluids containing sugar (such as 7-Up or Gatorade), if the child is thirsty.

Contact responsible authority and parent/guardian.
URGE MEDICAL CARE.