

Children with life-threatening allergies should be known to all staff. An emergency action plan should be developed for these children.*

Children may experience a delayed allergic reaction up to **2 hours** following food ingestion, bee sting, etc.

- Symptoms of a severe allergic reaction include:
- Hives all over body
 - Flushed face
 - Dizziness
 - Blueness around mouth, eyes
 - Seizures
 - Difficulty breathing
 - Confusion
 - Drooling or difficulty swallowing
 - Weakness
 - Loss of consciousness
 - Paleness

- Symptoms of a mild allergic reaction include:
- Red, watery eyes
 - Itchy, sneezing, runny nose

Does the child have symptoms of a severe, allergic reaction?

NO

YES

Adult(s) supervising child during normal activities should be aware of the child's exposure and should watch for any delayed symptoms of a severe allergic reaction (see above) for up to **2 hours**.

If available, refer to child's emergency action plan.

Administer doctor and parent/guardian-approved medication, if available.

If child is so uncomfortable that he/she is unable to participate in regular activities, contact responsible authority & parent/guardian.


CALL EMS.
Contact responsible authority & parent/guardian.

Look, listen and feel for breath. If child stops breathing, see "CPR"

*For sample emergency action plan for severe allergic reactions, see http://www.aaaai.org/members/resources/anaphylaxis_toolkit/action_plan.pdf